

Newsletter



Issue No 01 – 31/01/2023

2022 and the Cost-of-Living Crisis.

As part of over 1200 Trussell Trust backed foodbanks across the UK we have seen our busiest year in 2022, with over 4100 food parcels packed and distributed from the Hertford & District's 2 depots alone.

It was also a year that saw huge growth in the number of families needing the foodbank and over 1700 of the food parcels were for children.

Thankfully the wonderful communities in Hertford and Ware have continued to provide generous donations, allowing us to create Food parcels including seasonal items such as Christmas Puddings, Mince Pies, Selection Boxes and Advent Calendars over the Christmas period.

The fantastic financial donations received from both businesses and individuals have also allowed us to diversify our offerings and we are now able to include a number of fresh food items such as eggs, bread, spread, cheese along with Fruit and Root vegetables with every parcel.

But this year hasn't only been about Food. As gas and electricity prices have soared we have found that needs



for items such as blankets and hot water bottles have increased. Once again, we are grateful to have been able to provide these to those in need and will continue to do so throughout 2023.

Unfortunately, the cost-of-living crisis is predicted to worsen throughout 2023 and into 2024, so it is vital that The Hertford & District Foodbank continues to adapt providing support wherever we can.

Here at the Foodbank we are grateful for all the support we have received over the last year and ask for your continued support as we fight hunger and work towards a future where Foodbanks are no longer necessary.

There are many ways to support the Foodbank – one of the easiest is to donate an item or two from the lists below of most needed products and drop them into one of our permanent donation points.

Thank you.

February Shopping Wish Lists – Items most Needed

Ware

- Toothpaste
- Tinned Potatoes
- Tinned Tomatoes
- Long-Life Fruit Juice
- Cooking Sauces



Hertford

- Tinned Potatoes
- Tinned Rice Pudding
- Long-Life Fruit Juice
- Deodorant
- Toothpaste

Events and Other News

IMPORTANT INFO

Location, Location, Location

We have permanent donation points in Hertford, Ware and Hertford Heath. They can be found below:

- Hertford: Tesco & Sainsbury's
- Ware: ASDA, Tesco & Sainsbury's
- Hertford Heath: The Goat Pub

A number of churches also take donations - please ask your local church or maybe suggest that they create a collection point!

Ware Premises Update

The amazing volunteers at Ware are still working closely with the council and local charities to find a temporary/permanent home for the Foodbank. We will be required to leave the Lido later this year when it is ready to reopen to the public.

We are hopeful to secure something soon.

Keep up to date

For regular updates in addition to this monthly newsletter please follow us on one of our social media outlets:



[HertfordFoodBank](#)



[FoodbankHertfor](#)



[Hertforddistrictfoodbank1](#)

Panshanger Parkrun

We are delighted to be able to say that Panshanger Parkrun are now regularly collecting food for us on the 3rd Saturday of every month, and our wonderful volunteers will be there to receive the donations

Panshanger parkrun is a free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate – it's up to you!

Next Collection: 18th February.



Race against hunger 2023



On Saturday 1 April 2023, supporters all around the UK will come together to Race Against Hunger to raise money to help end the need for food banks in the UK. Walk or run, the choice is yours.

All money raised will go directly to the Trussell Trust and not individual Foodbanks.

Race Against Hunger is more than just a run. It's a movement for change.

Safe and Warm Spaces this winter

Available to everyone, please see below for more details. No-one deserves to feel cold this winter.

Are you finding heating your home a challenge? There are warm and welcoming spaces each weekday provided by Churches in Hertford, for people of all ages, from young families to older people. From 7th November 2022 to 31st March 2023.	Mon - Fri 9.00-14.00 Mon 10.30-12.00 Tues 14.00-15.30 Wed 10.00-12.00 2nd Wed of month 10.00-12.00 Wed 10.30-12.00 Wed 12.30 (Check website for dates) Thurs 10 -12 Thurs 10.00-12.00 3rd Thurs of month 12.00-14.00 1st Sat of month 10.00-12.00 2nd Sat of month 10.00-12.00	Oasis Cafe , Methodist Church St Joseph's Warm Hub, Baptist Church Hall Place of Welcome , Baptist Church Hall Craft Club, Duncombe Hall, Bengoe St Joseph's Soundbites , All Saint's Duncombe Hall, Bengoe Open House, URC Free hot potato lunch, URC Coffee morning, St Andrew's Coffee morning, All Saint's
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We want to see a future where food banks aren't needed and we know that together, we can make that happen.

Hertford & District Foodbank

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