

Newsletter



Issue No 02 – 28/02/2023

Lent, Spring and New Budgets



We are now entering the second week of Lent. A time traditionally spent reflecting on ourselves and what's happening to those around us. This year we find ourselves in the midst of a cost-of-living crisis.

The weather is starting to improve, the days are getting longer and flowers are starting to bloom but many people are struggling with rising costs. Hertfordshire County Council have just announced that council tax will be increasing by 4.99% meaning a typical band D home will face an increase of £1.47 per week. This combined with

the end of the government help with Gas and Electric bills next month means that more people are going to find themselves experiencing increased hardship.

Unfortunately, this means that we are preparing at the Foodbank to see increased numbers needing our help over the coming months. We have just welcomed 9 new volunteers to our teams and it is our aim to continue to provide support not only with food but with a safe, non-judgmental, comfortable, environment. We work alongside agencies to ensure that individuals are receiving the right support and continue to signpost people to the relevant agencies where needed.

The foodbank only runs because of the support given by the community and we are so very thankful that the communities of Hertford and Ware continue to provide donations. We've already received over 7400kg of food this year, and have already given out over 8300kg. Currently we are giving out more than we are receiving and will do so for as long as possible but we do still need your help.

Should you wish to help the Foodbank you can find more information to do so here:

<https://hertforddistrict.foodbank.org.uk/give-help/>

March Shopping Wish Lists – Items most Needed

Ware

- Tinned Potatoes
- Cooking Sauces
- Chopped Tomatoes
- Tinned Rice Pudding
- Custard
- Toilet Rolls



Hertford

- Small Jars Coffee
- Tinned Potatoes
- Instant Mash
- Long Life Juice
- Tinned Fruit

Events and Other News

IMPORTANT INFO

What are clients are saying:

"Huge thank you for my food parcel apologies for such a delay in thanking everyone involved in me receiving the food parcel. It fed me for 3 weeks, so very grateful indeed"

"I don't know what I've have done without this. Thank you so much, it is so appreciated."

"Thanks a lot for your help!!! You are amazing!!"

New Permanent Donation Point

We are delighted to say we now have another permanent donation point in Hertford. Found inside in the NatWest bank branch on Fore Street.

Opening Hours:
Monday – Friday 09.30-15.30

Keep up to date

For regular updates in addition to this monthly newsletter please follow us on one of our social media outlets:



[HertfordFoodBank](#)



[FoodbankHertfor](#)



[Hertforddistrictfoodbank1](#)

Bank the Food App

There is a new free app available which links food banks to donors at the most crucial time; when donors are at the supermarket.

Once you have followed your local food bank, the app will send you a helpful 'ping' with a reminder of your food banks' needs when you are shopping. You can then choose exactly what you would like to donate and leave your donation in your food bank's collection box.



Bank the Food

Guarantee for Essentials

To In partnership with the Joseph Rowntree Foundation the Trussell Trust have launched a new campaign calling on the government to enshrine in law the amount people need to ensure the basic rate of Universal Credit at least covers the essentials.

We can't always deal with what life throws at us on our own, so we need to have a system that supports us all to afford the essentials if we face hard times.

Find out more and how you can get involved:

<https://www.trusselltrust.org/get-involved/campaigns/guarantee-our-essentials/>

Race against hunger 2023

Organised by the Trussell Trust, on Saturday 1 April 2023, supporters all around the UK will come together to Race Against Hunger to raise money to help end the need for food banks in the UK. Walk or run, the choice is yours. Take part in our virtual 5k, plan your own route and take on the event at a time that suits you!

For more information go to: <https://www.trusselltrust.org/get-involved/fundraise/events/race-against-hunger>



We want to see a future where food banks aren't needed and we know that together, we can make that happen.

Hertford & District Foodbank

United Reform Church
Cowbridge
Hertford SG14 1PG

Registered Charity No.1157028
Registered in England & Wales

07851 708470

Info@hertforddistrict.foodbank.org.uk
hertforddistrict.foodbank.org.uk

To unsubscribe from this newsletter, send a message to the email address above with the word "unsubscribe" in the subject line or text the number above with "unsubscribe" and your name

