# Newsletter

Hertford & District FOOdbank

Issue No 03 – 24/03/2023

## Wishing everyone a Happy Easter!

As Easter approaches, we'd like to take this opportunity to wish everyone a very Happy Easter. We've had a number of Easter Eggs donated by our wonderful community and we look forward to being able to hand them out to the children we support in time for the celebrations.

Easter is a time to turn suffering into hope and that's what we aim to achieve at the Foodbank. Not only do we recognize the kindness behind every donation, big or small but our incredible volunteers also offer kindness and a support to all those who find themselves in crisis.

So when you next think of the Foodbank, or donate an item in one of the supermarkets – remember that you are helping to provide hope to those most in need. Thank you.



## **Guarantee Our Essentials**

We are delighted to be able to say that as a Foodbank we are supporting the Trussell Trust's Campaign - Our fantastic Project Manager Cheryl recently participated in a 30 second video which will make up part of the campaign.

We can't always deal with what life throws at us on our own, which is why we need to have a system in place that supports us all to afford the essentials while we recover from setbacks. Without a decent safety net, we are not properly supported if we face challenging times.

More and more people are speaking up and saying that the basic rate of Universal Credit must at least be enough to afford the essentials we all need to get by need to get by.

So join us and call on the government to Guarantee Our Essentials: https://www.trusselltrust.org/get-involved/campaigns/guarantee-our-essentials/

## **IMPORTANT INFO**

#### **EASTER OPENING HOURS:**

Please note that the Foodbank will be closed on the following dates:

Friday 7<sup>th</sup> April Monday 10<sup>th</sup> April

#### **APRIL SHOPPING LIST**

- Long Life Fruit Juice
- Small Jars Coffee (100g)
- Tinned Potatoes
- Curry Sauces
- Tinned Rice Pudding
- Tinned Fruit

### **RACE AGAINST HUNGER**

Next week, on Saturday 1 April 2023, supporters all around the UK will come together to Race Against Hunger to raise money to help end the need for food banks in the UK. Walk or run, the choice is yours.

For more information go to:

https://www.trusselltrust.org/getinvolved/fundraise/events/raceagainst-hunger

We want to see a future where food banks aren't needed.

**Hertford & District Foodbank** 

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