

Newsletter



Issue No 04 – 28/04/2023

The BIG HELP OUT - Free Coffee Morning Hosted by the Foodbank and the URC

Part of the
BIG HELP OUT

FREE COFFEE MORNING HOSTED BY THE FOODBANK & THE URC.

MONDAY 8th MAY 10-12pm
United Reformed Church, Cowbridge,
Hertford, SG14 1PG

Meet the volunteers and enjoy FREE
Tea, Coffee and Cake!

FOODBANK DONATIONS WELCOME!



www.hertforddistrict.foodbank.org.uk

Join us as our Foodbank Volunteers give you an insight into the working life of the Foodbank, PLUS enjoy free tea, coffee and cake!

Ever thought about what volunteering involves? Maybe you've wondered what happens behind the scenes of the Foodbank? How are all your donations organised, packaged and handed out to those in need? Now's the time to get all your questions answered and to see firsthand what our fabulous volunteers do and how they do it all whilst enjoying the wonderful hospitality from the URC Church.

The Big Help Out is a unique initiative which forms part of the King's Coronation. It offers a chance to see how volunteering can impact the local area. We have an incredible group of volunteers who work for the Foodbank, so now is your chance to come and meet them, enjoy a coffee or a tea and bring along a donation for the Foodbank.

Donation Wish List for the Coffee Morning

- Tinned Custard
- Tinned Rice Pudding
- Long Life Fruit Juice
- Biscuits/Treats
- Peanut Butter
- Nutella
- Squash
- Small Coffee Jars (100g)
- Cooking Sauces for Rice
- Sanitary Towels
- Nappies size 5 & 6
- Toilet Rolls
- Soaps
- Shower Gel



IMPORTANT INFO

WE'VE MOVED!

Delighted to say that we have secured new premises in Ware and have now moved from the Lido. Big thank you to Ware Council who have been a huge help throughout this process

We can now be found at:
The Garden Rooms
The Priory, High Street
Ware, SG12 9AL

DATES FOR YOUR DIARY

Please note we are closed on the following bank holidays:

Monday 1st May
Monday 8th May
Monday 29th May

Events coming up:

Mon 8th May
– Coffee Morning, The Big Help Out
Sat 20th May
– Tombola at St Mary's Church, Ware
Saturday 8th July
– Tesco Summer Collection, Hertford

KEEP UP TO DATE

For regular updates in addition to this monthly newsletter please follow us on one of our social media outlets:



[HertfordFoodBank](#)



[FoodbankHertfor](#)



[Hertforddistrictfoodbank1](#)

IN OTHER NEWS

End of Year Stats

Close to 3 million emergency food parcels were distributed by food banks in the Trussell Trust network in the past 12 months — the most parcels ever distributed by the network in a year.

Food banks in the Trussell Trust network saw the highest ever levels of need, even more than during the peak of the pandemic, as more people found their incomes did not cover the cost of essentials like heating and food. Between April 2022 and March 2023, the number of people that used a food bank for the first time was 760,000.

December 2022 was the busiest month on record for food banks in the Trussell Trust network, with a food parcel being distributed every 8 seconds.

The Hertford & District Foodbank supported 4301 individuals with food parcels including 1753 children. This was a huge 32% increase on the same period last year.

“These new statistics are extremely concerning and show that an

increasing number of people are left with no option but to turn to charitable, volunteer-run organisations to get by and this is not right. The staff and volunteers in our network are working tirelessly to ensure help continues to be available, but the current situation is not one they can solve alone.

For too long people have been going without because social security payments are not based on a real reflection of life's costs and people are being pushed deeper into hardship as a result. If we are to stop this continued growth and end the need for food banks then the UK government must ensure that the standard allowance of Universal Credit is always enough to cover essential costs.”

Emma Revie, Chief Executive
Trussell Trust

For more details visit:

<https://www.trusselltrust.org/new-and-blog/latest-stats/end-year-stats/>

Thank you for your continued support

We want to thank everyone who has supported the Foodbank over the last year. The Foodbank can only run with the support of the community and our incredible volunteers. You have helped to make it possible for the Foodbank to run and we really appreciate the support you have previously given and continue to give. Thank you.

We want to see a future where food banks aren't needed
and we know that together, we can make that happen.

Hertford & District Foodbank

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Registered in England & Wales

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